

## **Bilocid 300 tablet**

### **COMPOSITION: Each Bilocid 300 tablet contains**

Ursodeoxycholic Acid 300 mg Tablet

### **STORAGE**

- Store below 30°C
- Store in a cool & dry place away from direct sunlight
- Keep it out of reach of children

### **PRODUCT INTRODUCTION**

Bilocid 300 Tablet is used to dissolve certain gallstones and prevent them from forming. It is also used to treat a type of liver disease called primary biliary cirrhosis. It helps break down the cholesterol that has converted into stones in your gallbladder thereby dissolving the stones.

Bilocid 300 Tablet should be swallowed whole after a meal and with a glass of milk or water. The dose will depend on what you are being treated for and your body weight. Take it regularly to get maximum benefit and keep taking it for as long as prescribed (several months or longer). Keep taking it even if your symptoms disappear.

This medicine's most common side effects are abdominal pain, diarrhea, hair loss, itching, nausea, and rash. Not everyone gets these side effects. If you are worried about them, or they do not go away, let your doctor know.

Before taking this medicine, you should tell your doctor if you have an inflammation of the gallbladder or bile ducts, you get frequent cramp-like pain in your upper abdomen, you have been coughing up blood or you have gained weight rapidly. Using this medicine can reduce or increase the effect of some other medicines so tell your doctor all other medicines you are taking. Women should discontinue hormonal birth control pills as they can increase the production of gallstones. During the treatment, you may need ultrasound scans, or frequent blood tests to check your liver function.

### **USES OF BILOCID TABLET**

- **Treatment of Primary biliary cirrhosis**
- **Treatment of Gallbladder stones**

### **BENEFITS OF BILOCID TABLET**

#### **In Treatment of Primary biliary cirrhosis**

Primary biliary cholangitis is a type of liver disease that gradually gets worse over time. It does not always have symptoms but, over time, it can lead to liver failure. Bilocid 300 Tablet is used to treat this condition and may be used by itself or with other medicines. It can help prevent or delay liver damage in most people, especially if you start taking it in the early stages. Once you start this treatment, you will likely be taking it for the rest of your life. To make the medicine more effective and for general health benefits, you can help yourself by stopping smoking, keeping a healthy weight, and not drinking too much alcohol.

### **In Treatment of Gallbladder stones**

Bilocid 300 Tablet is a medicine that helps decrease the amount of cholesterol produced by your liver. It helps to break down cholesterol that has formed into “stones” in the gallbladder. It may take several months to completely dissolve the stone, so you need to take the medicine regularly and as long as the doctor has prescribed it for it to be effective. There might be other medicines and certain lifestyle changes that can reduce your cholesterol level and make gallstones less likely, consult with your doctor.

### **SIDE EFFECTS OF BILOCID TABLET**

Most side effects do not require any medical attention and disappear as your body adjusts to the medicine. Consult your doctor if they persist or if you're worried about them

#### **Common side effects of Bilocid**

- Abdominal pain
- Diarrhea
- Hair loss
- Itching
- Nausea
- Rash

### **HOW TO USE BILOCID TABLET**

Take this medicine in the dose and duration as advised by your doctor. Swallow it as a whole. Do not chew, crush or break it. Bilocid 300 Tablet is to be taken with food.

### **HOW BILOCID TABLET WORKS**

Bilocid 300 Tablet is a hepatoprotective medication. It works by reducing the amount of cholesterol in the blood and helps dissolve gallbladder stones that are composed mainly of cholesterol. It also improves liver enzymes, protects liver cells from injury caused due to toxic bile acids, and improves liver function.

### **SAFETY ADVICE**



#### **Alcohol**

#### **UNSAFE**

Bilocid 300 Tablet may cause excessive drowsiness with alcohol.



#### **Pregnancy**

#### **SAFE IF PRESCRIBED**

Bilocid 300 Tablet is generally considered safe to use during pregnancy. Animal studies have shown low or no adverse effects to the developing baby; however, there are limited human studies.



### Breast feeding

#### SAFE IF PRESCRIBED

Bilocid 300 Tablet is probably safe to use during breastfeeding. Limited human data suggests that the drug does not represent any significant risk to the baby.



### Driving

#### SAFE

Bilocid 300 Tablet does not usually affect your ability to drive.



### Kidney

#### CONSULT YOUR DOCTOR

There is limited information available on the use of Bilocid 300 Tablet in patients with kidney disease. Please consult your doctor.



### Liver

#### CONSULT YOUR DOCTOR

There is limited information available on the use of Bilocid 300 Tablet in patients with liver disease. Please consult your doctor.

#### WHAT IF YOU FORGET TO TAKE BILOCID TABLET?

If you miss a dose of Bilocid 300 Tablet, skip it and continue with your normal schedule. Do not double the dose.

#### Quick tips

- Bilocid 300 Tablet should be taken after a meal with a glass of milk or water.
- Eat a healthy diet, exercise regularly, and avoid alcohol intake.
- Diarrhea may occur as a side effect. Drink plenty of fluids and inform your doctor if diarrhea persists or if you find blood in your stools.
- Your doctor may monitor your liver function and bilirubin levels every month for the next 3 months after the start of therapy, and every 6 months thereafter.
- Do not stop taking the medication without talking to your doctor

#### FAQs

Q. When should I take Bilocid 300 Tablet?

The suitable timing of taking this medicine might differ depending upon your condition. Your doctor might instruct you to take 2 to 3 doses per day and suggest to take the last dose at bedtime. Bilocid 300 Tablet should be taken with water milk and can be taken with food or after food. When prescribed for dissolving gallstones, it is usually suggested to be taken once daily at night. Ideally, it should be taken at a gap of 6 hours, for example at 8 am, 2 pm and 8 pm.

Q. Is Bilocid 300 Tablet safe?

Bilocid 300 Tablet is usually considered to be a safe and effective medicine. However, this medicine may have some common side effects, such as diarrhea. If diarrhea occurs, your doctor may reduce the dose and if it persists, your treatment may be discontinued. Additionally, using this medicine as a long-term therapy may also affect your liver enzyme levels. To keep a check on this, your doctor will keep monitoring your liver enzyme levels regularly. Despite these minor side effects, this medicine is supposed to be a good alternative to surgery in some patients with gallstones.

Q. How does Bilocid 300 Tablet help the liver?

Bilocid 300 Tablet acts on the liver and gets concentrated in the bile secreted from the liver. This, as a result, suppresses the synthesis and secretion of cholesterol by the liver, thereby decreasing the cholesterol levels in bile. This medicine also acts by stopping the intestines from absorbing the bile salts and cholesterol. So, the reduced cholesterol saturation in the bile from the liver leads to the gradual dissolving of cholesterol from gallstones, leading to a decrease in size and their eventual dissolution. It also reduces elevated liver enzyme levels by increasing the bile flow through the liver, hence protecting the liver cells.

Q. Does Bilocid 300 Tablet cause weight gain?

Yes, there is a chance of weight gain with Bilocid 300 Tablet, but it is not common. The use of Bilocid 300 Tablet can cause weight gain when prescribed in patients with liver disease associated with chronic stasis of bile in small bile ducts of the liver. In such condition, bile cannot flow from the liver to the small intestine. Again, the chance of weight gain varies from person to person depending upon the disease, so consult your doctor if you experience weight gain.

Q. What should I avoid while taking Bilocid 300 Tablet?

While taking Bilocid 300 Tablet, avoid taking an antacid preparation without consulting your doctor, as they decrease the effectiveness of Bilocid 300 Tablet. You should also avoid medicines like cholestyramine or colestipol as they affect the effectiveness of Bilocid 300 Tablet. So, ask your doctor about the time gap that should be maintained between Bilocid 300 Tablet and these medicines. Also, avoid taking oral contraceptives, estrogenic hormones and blood cholesterol-lowering agents such as clofibrate as they may increase the chances of developing gallstones and act opposite to the Bilocid 300 Tablet.