

## **COLLAHEX**

### **Composition**

Collagen Peptide type I 150 mg + Collage Peptide type II 40 mg + Rosehip Extract 275 mg + Sodium Hyaluronate 40 mg + Curcumin Extract 50 mg + Chondroitin Sulphate Sodium 200 mg Soft Gelatin Capsules

### **STORAGE**

Store below 30°C

### **PRODUCT INTRODUCTION**

Collahex Capsule is a combination of Collagen Peptide-Type I & II, Chondroitin, Sodium Hyaluronate, Curcumin & Rosehip Extract. It relieves pain and swelling that may occur due to osteoarthritis (wearing off of the flexible tissues at the ends of your bones). It also promotes the formation of soft connective tissue and reduces friction in your joints. This improves the flexibility of the joints and makes physical movements easier. Collahex Capsule may cause side effects like upset stomach, diarrhoea, headache, etc., in some cases. These are usually mild and infrequent and generally subside as your body adjusts to the medicine. However, consult your doctor if they persist or worsen. Collahex Capsule should be taken with food to avoid stomach discomfort. For the ease of remembering, take this medicine around the same time every day. Take this medicine for the recommended duration for better results. Collahex Capsule is not recommended for use if you are allergic to it. Inform your doctor if you have any other medical conditions or taking any other medicines before starting the treatment with Collahex Capsule. Consult your doctor if you are pregnant or are breastfeeding before taking this medicine.

### **Key Benefits:**

- It is a dietary supplement that supports healthy bones and joints
- It has anti-inflammatory properties that may aid reduce joint pain and improving overall mobility
- Collagen peptide Type I & II promote cartilage health and maintains joint flexibility
- Chondroitin may help develop and renew cartilage
- Curcumin & Rose Hip Extracts have strong anti-inflammatory properties
- Sodium Hyaluronate offers lubrication to the cartilage

### **Warnings for special population**

#### **Pregnancy**

Due to the lack of relevant safety information during pregnancy, consult your doctor before taking Collahex Capsule.

#### **Breast-feeding**

Due to the lack of relevant safety information while breastfeeding, consult your doctor before taking Collahex Capsule.

## **General warnings**

### **Kidney stones**

Collahex Capsule may result in precipitation of kidney stones in some cases. Hence it should be used with caution if you have a history of kidney stones.

### **G6PD deficiency**

G6PD deficiency is a genetic disorder that occurs when your body does not have enough of an enzyme called glucose-6-phosphate dehydrogenase (G6PD). G6PD helps to keep the red blood cells healthy and its deficiency may cause an abnormal breakdown of red blood cells. Collahex Capsule should be used with caution if you have G6PD deficiency, as it may further increase the risk of hemolytic anaemia (abnormal breakdown of red blood cells).

### **HOW TO USE COLLAHEX CAPSULE**

Take Collahex Capsule as advised by your doctor. Do not break, crush, or chew the medicine. Follow all the instructions given on the packaging insert or label. Collahex Capsule may be prescribed by your doctor for a longer period. Take this medicine for the recommended duration for better results. Avoid taking Collahex Capsule after the date of expiry. Dispose of the unused medicine properly. Keep it away from children and pets.