

Cilatone-Trio 6.25 Tablet

COMPOSITION: Each Cilatone Trio 6.25 tablet contains

Cilnidipine 10 mg + Telmisartan 40 mg + Chlorthalidone 6.25 mg Tablet

STORAGE

- Store below 30°C
- Store in a cool & dry place away from direct sunlight
- Keep it out of reach of children

PRODUCT INTRODUCTION

Cilatone Trio 6.25 Tablet is a combination of medicines used to treat hypertension (high blood pressure) when a single medication is not effective. It helps to lower high blood pressure thus reduces chances of future heart attack and stroke.

Cilatone Trio 6.25 Tablet should be taken with food. The dose will depend on your condition and how you respond to the medicine. Try to take it at the same time each day. It is important to keep taking this medicine until your doctor tells you not to. It contains a diuretic (water pill) and will make you urinate more so, it is best to avoid taking this medicine within four hours of going to bed. Use this medicine regularly to get the most benefit from it even if you feel well. High blood pressure does not usually have symptoms and if you stop taking it your risk of heart attack or stroke may increase.

The most common side effects of this medicine include ankle swelling, headache, dizziness, tiredness, and taste change. Consult your doctor if any of these bother you, or get worse, or won't go away. Drink plenty of fluids while taking medicine to overcome muscle weakness, dry mouth, and extreme thirst.

Before taking it, let your doctor know if you have any liver or kidney problems. Pregnant or breastfeeding women should also consult their doctor for advice before taking this medicine. You also need to tell your doctor what other medicines you are taking especially those used to treat high blood pressure or heart conditions. You should have your blood pressure, kidney function, level of electrolytes, and blood sugar level checked regularly to make sure that this medicine is working properly.

USES OF CILATONE TRIO TABLET

- **Hypertension (high blood pressure)**

BENEFITS OF CILATONE TRIO TABLET

In Hypertension (high blood pressure)

Cilatone Trio 6.25 Tablet relaxes the blood vessels so that blood can flow more easily around your body. It also eliminates excess water from the body and increases urine output. This lowers your blood pressure and reduces your risk of having a stroke, a heart attack, or kidney problems in the future. You do not usually feel any direct benefit from taking this medicine, but it works in the long term to keep you well. You should take it regularly as prescribed for this medicine to be most effective, even if you feel better.

SIDE EFFECTS OF CILATONE TRIO TABLET

Most side effects do not require any medical attention and disappear as your body adjusts to the medicine. Consult your doctor if they persist or if you're worried about them

Common side effects of Cilatone Trio

- Ankle swelling
- Headache
- Dizziness
- Tiredness
- Palpitations
- Sleepiness
- Increased blood uric acid
- Glucose intolerance
- Taste change
- Flushing (sense of warmth in the face, ears, neck and trunk)
- Upset stomach
- Altered blood lipid level

HOW TO USE CILATONE TRIO TABLET

Take this medicine in the dose and duration as advised by your doctor. Swallow it as a whole. Do not chew, crush or break it. Cilatone Trio 6.25 Tablet is to be taken with food.

HOW CILATONE TRIO TABLET WORKS

Cilatone Trio 6.25 Tablet is a combination of three medicines: Telmisartan, Cilnidipine and Chlorthalidone. Telmisartan is an angiotensin receptor blocker (ARB) and Cilnidipine is a calcium channel blocker (CCB). They work by widening and relaxing the blood vessels, thereby lowering blood pressure. Chlorthalidone is a diuretic which removes extra water and certain electrolytes from the body through urine. Over time it also works by relaxing blood vessels and improving blood flow.

SAFETY ADVICE



Alcohol

UNSAFE

It is unsafe to consume alcohol with Cilatone Trio 6.25 Tablet.



Pregnancy

CONSULT YOUR DOCTOR

Cilatone Trio 6.25 Tablet is unsafe to use during pregnancy as there is definite evidence of risk to the developing baby. However, the doctor may rarely prescribe it in some life-threatening situations if the benefits are more than the potential risks. Please consult your doctor.



Breast feeding

CONSULT YOUR DOCTOR

Information regarding the use of Cilatone Trio 6.25 Tablet during breastfeeding is not available. Please consult your doctor.



Driving

UNSAFE

Cilatone Trio 6.25 Tablet may decrease alertness, affect your vision or make you feel sleepy and dizzy. Do not drive if these symptoms occur.



Kidney

CAUTION

Cilatone Trio 6.25 Tablet should be used with caution in patients with severe kidney disease. Dose adjustment of Cilatone Trio 6.25 Tablet may be needed. Please consult your doctor. Use of Cilatone Trio 6.25 Tablet is not recommended in these patients.



Liver

CAUTION

Cilatone Trio 6.25 Tablet should be used with caution in patients with liver disease. Dose adjustment of Cilatone Trio 6.25 Tablet may be needed. Please consult your doctor. Use of Cilatone Trio 6.25 Tablet is not recommended in patients with severe liver disease.

WHAT IF YOU FORGET TO TAKE CILATONE TRIO TABLET?

If you miss a dose of Cilatone Trio 6.25 Tablet, take it as soon as possible. However, if it is almost time for your next dose, skip the missed dose and go back to your regular schedule. Do not double the dose.

Quick Tips

- You have been prescribed Cilatone Trio 6.25 Tablet for the treatment of high blood pressure.
- Lowering high blood pressure helps prevent strokes and heart attacks.
- It may cause dizziness. Get up slowly when rising from a sitting or lying position.

- Cilatone Trio 6.25 Tablet may cause dehydration. Drink plenty of fluids and inform your doctor if you develop extreme thirst, muscle weakness or very dry mouth.
- Use of Cilatone Trio 6.25 Tablet during pregnancy or breastfeeding is unsafe.